

TreeMail

Summer 2011

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**TREES
ONTARIO**



Dear Trees Ontario Supporter,

Welcome to the Summer-in-Review edition of TreeMail!

With the support of Trees Ontario's donors, corporate sponsors, government partners and tree planting partners, Trees Ontario has completed yet another successful tree planting season.

This support has helped sustain efforts to rebuild the entire infrastructure of tree planting across the province – including seed forecasting and collection, training and mentoring new technical staff, providing tree planting subsidy programs to Ontario landowners and the planting of 13 million trees to date.

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Take Part

Trees Ontario's Technical Workshop Series

This summer, Trees Ontario hosted several technical workshops across Ontario including free [Seed Forecasting Workshops](#) and two rounds of the [Certified Seed Collector Workshop Series](#). These workshops are designed to respond to an urgent need to increase the supply of locally adapted tree seed for planting across the province and to further enhance Ontario's tree planting infrastructure.

As part of our ongoing technical workshop series, Trees Ontario and local partners will be hosting a [Growing Native Trees from Seed Workshop](#) and several [Seed Collection Mentoring Workshops](#) across the province this fall. [Take part](#) in a workshop near you.



A Truly Green Wedding

Every bride and groom dreams of a truly unique and memorable wedding. Jihee Min and David Seol were no exception. "We've always been thankful to have found each other and, by tying the knot, we wanted to give back to nature by planting trees," said Jihee.

The theme for their special day was 'trees' as a symbol of their union. In line with this theme, the couple opted for a tree painting instead of a guestbook, a tree planting ceremony in place of cake cutting and a donation to Trees Ontario in lieu of favours.



"Each guest received little handmade notes that mentioned our donation to Trees Ontario," added Jihee. "Our guests were fascinated about our unique and environment-friendly wedding favour and were very happy to be a part of it."

You too can give the gift of green and make your special day even more memorable with Trees Ontario's [green options for special occasions](#).

Did You Take Your Bath Today?



Trees have been known to release essential oils such as phytoncides which are associated with a preventative effect on cancer generation and development. These chemicals increase the activity of cells known to kill tumour cells by releasing anti-cancer proteins.

In fact, 'forest bathing' trips are not uncommon. In Japan, a forest bathing trip involves a visit to a forest for relaxation and recreational purposes where visitors can breathe in fresh air and phytoncides excreted by the trees.

Forest bathing trips have also been linked to lower concentrations of cortisol (stress hormone), lower pulse rate, lower blood pressure and decreased levels of anxiety, depression, and anger.

So pamper yourself with nature's preventative medicine and take a bath in a forest near you!

The Travelling Trees

Trees Ontario will be traveling across the province to attend and display at numerous events including the International Plowing Match, Canada's Outdoor Farm Show, Canadian Institute of Forestry AGM and Conference as well as the Royal Agricultural Winter Fair. Stay tuned to our online [events calendar](#) for more information on upcoming events.

Learn More

13 Million Trees and Counting

With the 2011 tree planting season now complete, we would like to thank our donors, corporate sponsors, government partners, and tree planting partners for supporting the planting of close to **3 million trees** on 371 properties this planting season.

These trees, planted through the Ontario Ministry of Natural Resources' 50 Million Tree Program and Trees Ontario's Forest Restoration Program, will purify our air, filter our water and protect us from solar radiation for generations to come.



Trees Ontario's goal is to support the planting of 10 million trees per year by 2015. To continue increasing tree planting rates, we need more landowners to get involved to help provide homes for new trees.

Interested in participating in a tree planting subsidy program? Contact your local planting delivery

agent or [Trees Ontario](#) to determine eligibility.

A Deeply Rooted Connection to the Land

Susan Loube, recently recognized as a Trees Ontario Green Leader, has carried a strong bond with nature throughout her life. This connection to the land led to the planting of 5,200 seedlings on 5.5 acres of her Cedar Valley property by participating in the [50 Million Tree Program](#).



In addition to the tax benefits, Susan knows she is doing something good for the land. In the Oak Ridges Moraine, trees help preserve its core, provide a natural habitat for everything that lives there and protects the watershed by cooling and filtering rain water and reducing the rate of snow melt and soil erosion.

[Learn more](#) about Susan's tree planting efforts and her new retirement playground.

Join OHS For a Healthier Tomorrow

The [Ontario Health Study](#) (OHS) invites all Ontario residents aged 18 and older to join a major new online research initiative that will investigate the causes, prevention and treatment of many common diseases.

You can help Ontario make a major research contribution with international significance by taking this 20-30 minute online questionnaire. We encourage you to consider taking this survey and to spread the word to your family and friends. Participation is entirely voluntary and completely confidential. To learn more, visit <http://ontariohealthstudy.ca>



Our Supporters

CAA Supports Local Green Grassroots Efforts

Over the Mother's Day weekend, CAA South Central Ontario and Trees Ontario hosted five free [Community Tree Planting Events](#) across Ontario. Planting events took place in Orillia, Owen Sound, Kingston and Windsor on May 7 and Kitchener-Waterloo on May 8.

Hundreds of participants including CAA members, their families, friends and members of the local community dug, stomped and mulched to plant tree and enhance the health of the environment and their local communities.

Stay tuned to our website for more information on next year's Community Tree Planting events!



Sansin Paints a Greener Ontario

Sansin's [seedling promotion](#) supported the planting of close to 1,000 native tree seedlings in Ontario during the spring planting season. Sansin partnered with 12 Ontario-based retailers to pledge the planting of one native seedling for every gallon of Sansin Enviro Stain sold. The trees were then planted by Trees Ontario and its local planting partners. Thank you Sansin for helping us re-green our ecosystem!

Every can makes the world
a greener place.



The Ontario Trillium Foundation's Support for an Educational Initiative

We are pleased to announce that Trees Ontario and its collaborative partners have been awarded with an Ontario Trillium Foundation grant to support the research and development phase of the Program for Local Afforestation Network Training (PLANT) project. This project will develop and execute a **training and mentorship program** that will facilitate information and expertise transfer within the forestry sector. Transfer of knowledge from one generation to the next is essential for developing the infrastructure necessary to restore the forest cover that will provide soil conservation and clean air and water necessary for healthy sustainable communities.

Ontario Forestry Association Update

Ontario has historic finish at Canon Envirothon!

High school students from 45 states, 8 provinces and 1 territory gathered from July 24th to 29th in Sackville, New Brunswick to compete in the Canon (North American) Envirothon Competition, including a five member team from West Hill Secondary School representing Ontario. Team Ontario placed 2nd at the closing ceremonies of the North American competition, receiving \$4000 scholarships each. They joined other Canadian teams in the top 5, with Manitoba taking 1st and New Brunswick taking 4th. Congratulations go to West Hill Secondary School and their dedicated advisor, Carl Raynard. What a great way to kick off the 2011-2012 season of Envirothon! For more information about the Ontario Envirothon, visit www.ontarioenvirothon.ca.



